

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Norman  
Lizwelithandwangum  
untu Mhlongo**

Has successfully participated & completed the

**1-Day Challenge (Saturday 45km) Bezhoek Extreme 2019 -  
Saturday Riders**

held at Bezhoek Farm.

**TIME 05:18:29**

**PACE 8.67km/h  
OVERALL 5 of 12**

**GENDER 4 of 9  
VETERAN 2 of 3**

01 June 2019, Sat

Date



*BoutTime*

Signature

